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**“COOK HEALTHY- EAT HEALTHY- LIVE HEALTHY”;**  
**Ryglice, 19th- 23rd March, 2018**



## THE CULTURAL QUESTIONNAIRE ABOUT THE LTTA IN POLAND

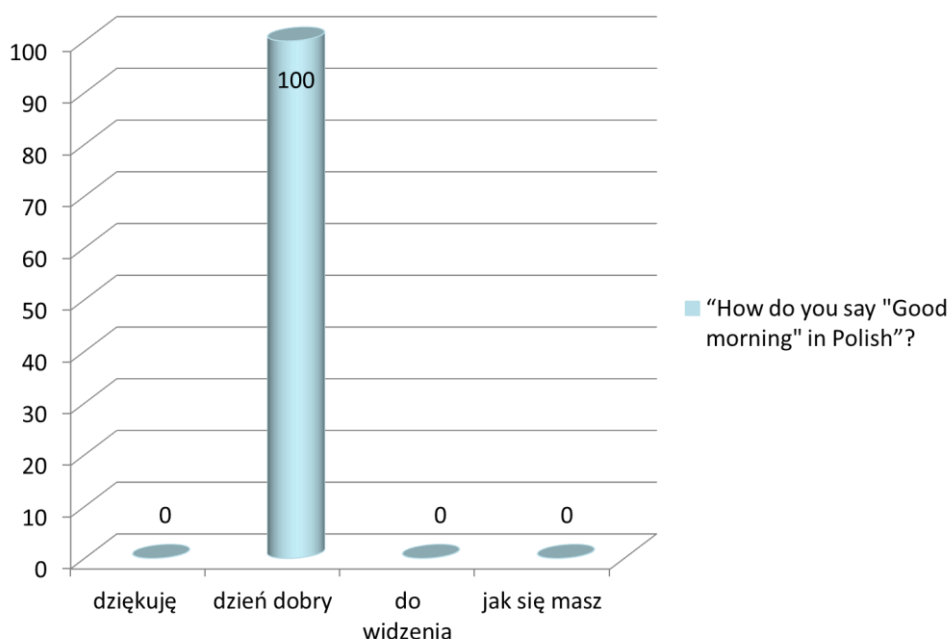
The aim of the questionnaire is to check the students' level of knowledge they were supposed to acquire after their visit to Poland. The survey includes questions about basic phrases, places they visited, food and some healthy lifestyle aspects.

There were 10 questions to be answered and 20 students from 4 partner countries took part in the cultural questionnaire about Poland - 3 students from Turkey, 6 students from Romania, 7 students from Italy and 4 students from Portugal.

The values are expressed in percent.

1. The first question: **“How do you say "Good morning" in Polish”? (Dzień dobry)** was answered correctly by all the students (100% of correct answers).

**“How do you say "Good morning" in Polish”?**





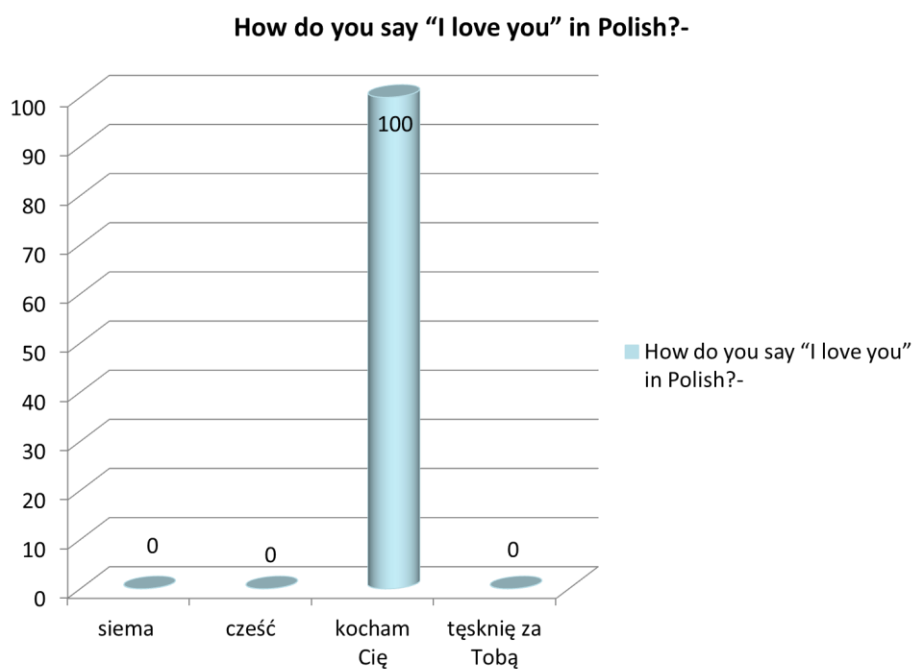
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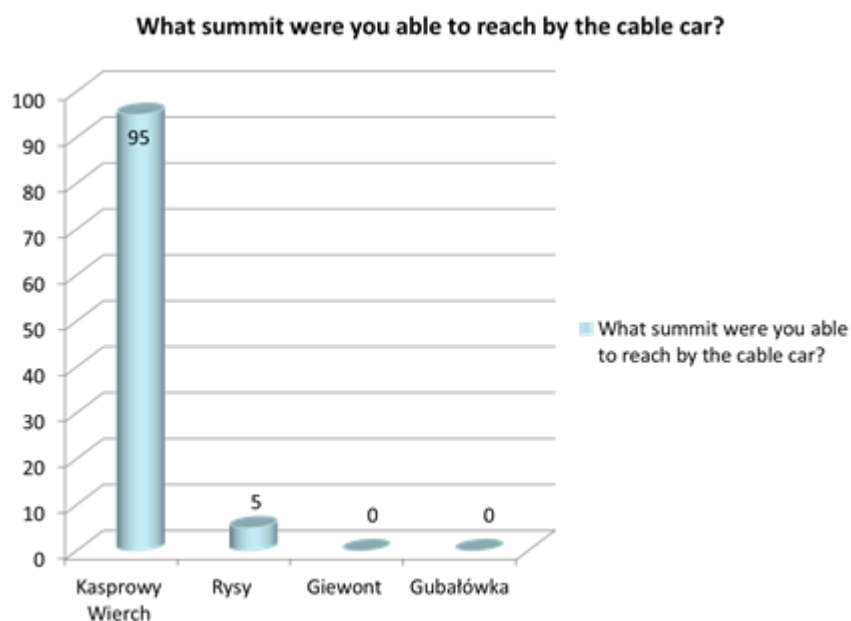
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2. The second question “**How do you say “I love you” in Polish?**” (**Kocham Cię**) was answered correctly by 100% of the students.



3. The next question was about the Polish mountains that were visited by the project group- “**What summit were you able to reach by the cable car?**” and 95% of the students (19 people) gave the correct answer (**Kasprowy Wierch**).



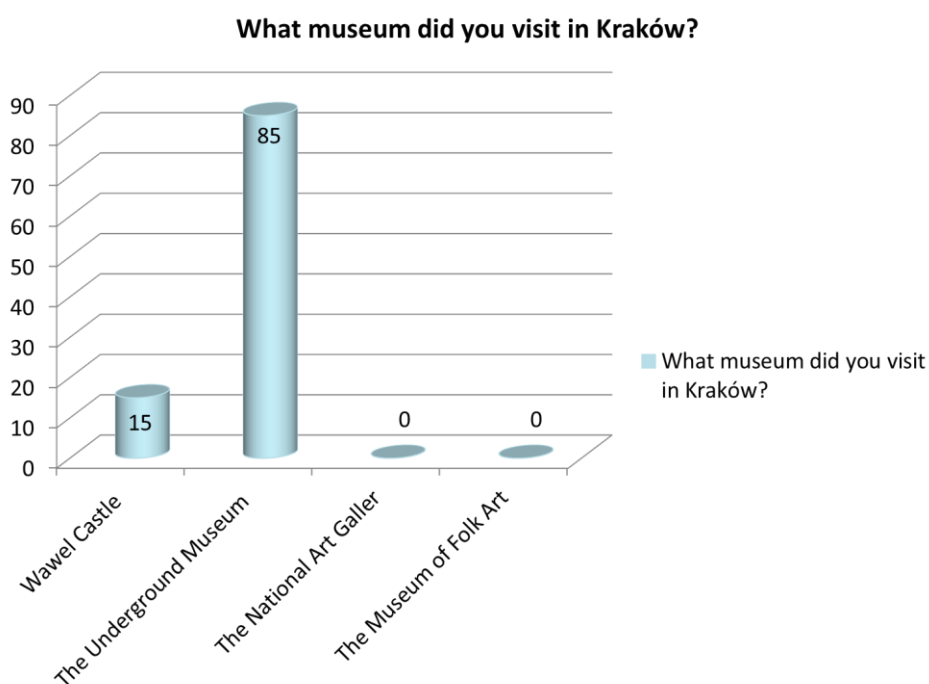


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4. The fourth question was strictly connected with the visit in Kraków - **“What museum did you visit in Kraków?” ( The Underground Museum)** – it was answered correctly by 17 students (85%) and 3 students gave the wrong answer, namely Wawel Castle.



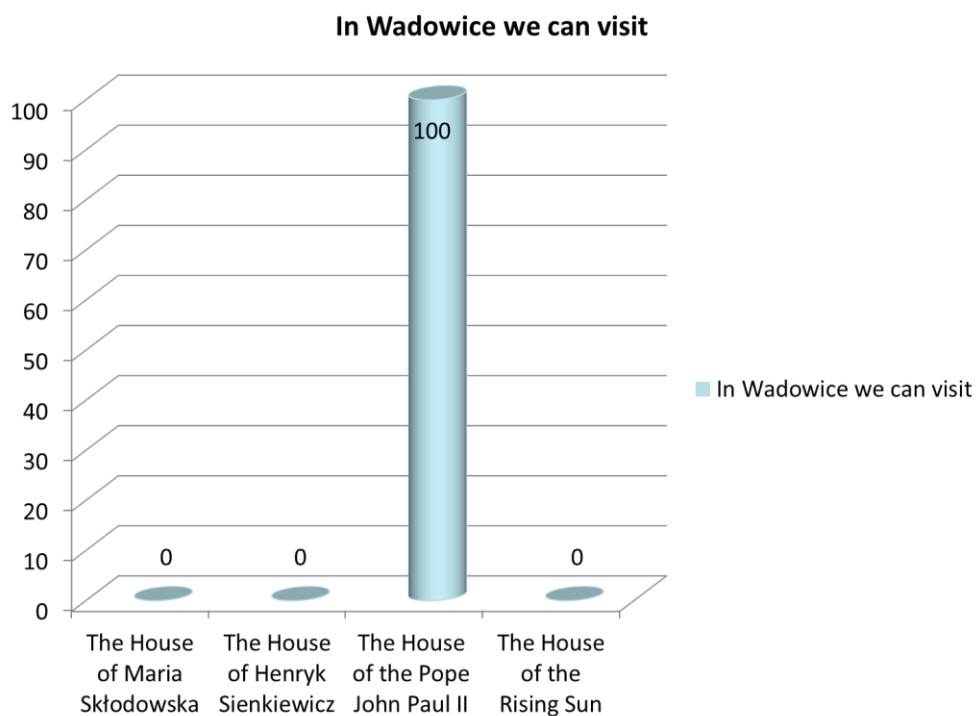


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5. The next question was about the museum in Wadowice and the correct answer was **the House of the Pope John Paul II**- it was correctly answered by all the participants.



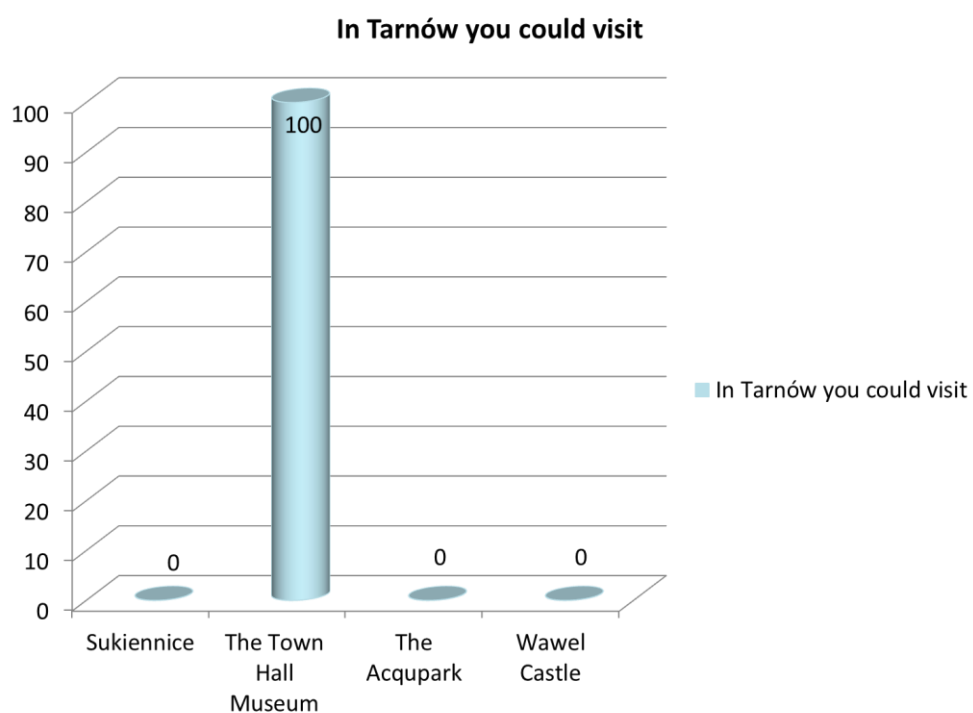


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6. Question number 6 was connected with Tarnów and the place that was visited there- **The Town Hall Museum**. The question was correctly answered by 100% of the students.



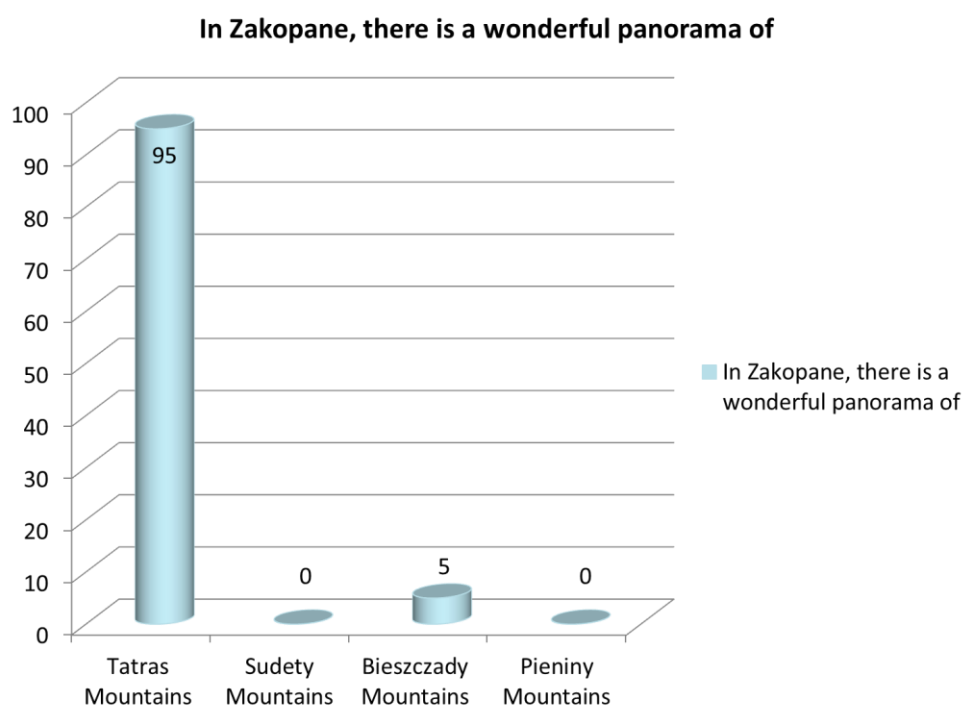


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7. The next question – **“In Zakopane, there is a wonderful panorama of”( Tatras Mountains)** was answered correctly by 19 students, one person said it is Bieszczady.



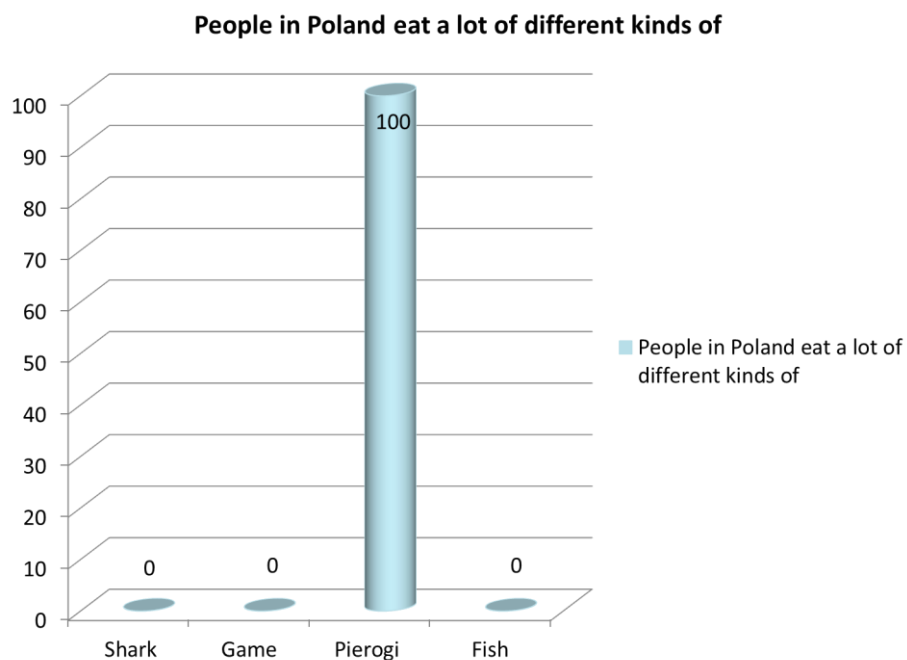


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8. Question number 8 was about traditional Polish food, the correct answer was pierogi and all the students knew it very well.



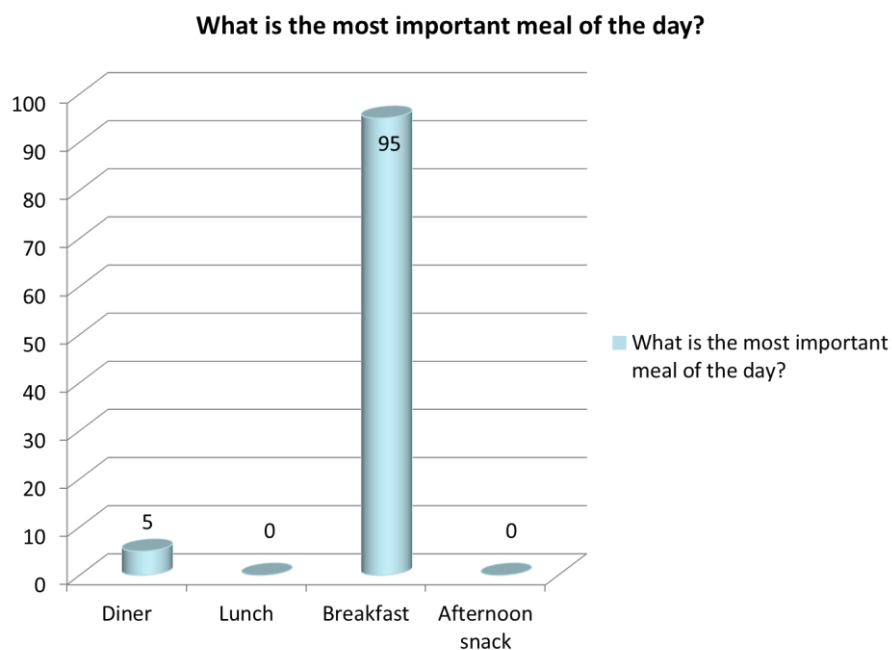


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9. The next question was connected with healthy eating habits- **“What is the most important meal of the day?” (breakfast)** and 95% of students gave the correct answer, 1 student said it is dinner.



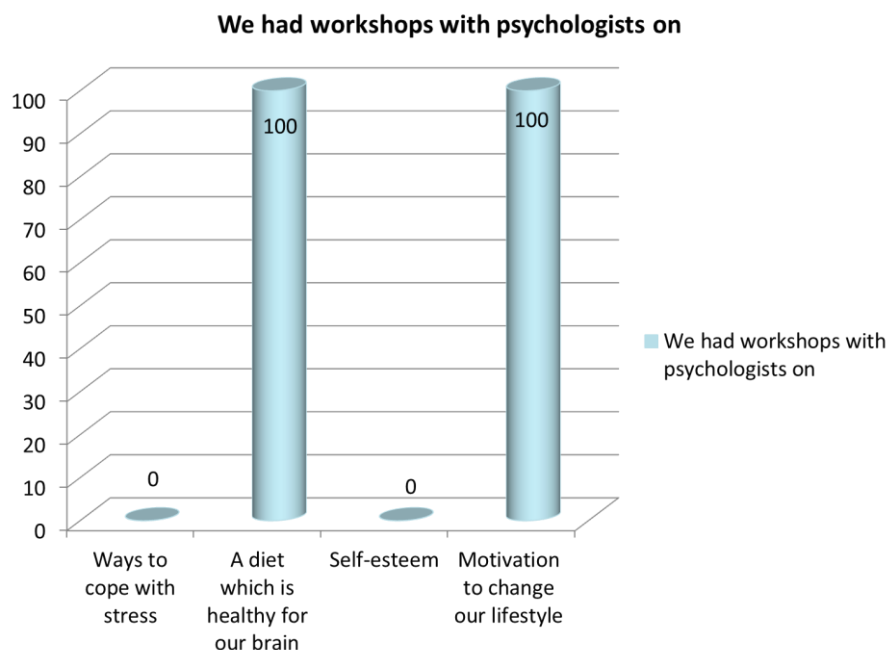


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10. The last question was about two types of workshops with psychologists and there were two correct answers (**A diet which is healthy for our brain and Motivation to change our lifestyle**) as there were mixed international groups that took part in them. All the students answered the question correctly – 11 students took part in “Motivation to change our lifestyle” and 9 students participated in “A diet which is healthy for our brain” workshops.



To sum up, the students’ knowledge on Polish places, food and healthy aspects is on a very high level as there are only 4 questions with a few incorrect answers (3 questions about places in Poland and 1 question about the most important meal of the day). It can be said that the cultural aim of the project meeting was reached on a really high level.

**Disclaimer:** This project has been funded with support from the European Commission. This questionnaire reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.